

BEAT THE STREETS WRESTLING COLUMBUS

On Saturday April 2, 2011 Beat the Streets – Columbus hosted It's 3rd annual wrestling clinic for boys and girls of all ages. Over eighty wrestlers from the Columbus area attended. The clinic was held at Linden Recreation Center minutes from downtown Columbus. It was one of the most prominent wrestling clinics held in the city of Columbus, Ohio this year.

The clinic featured Melis Dzhakipov, Master wrestling coach from the Kyrgyz Republic. Melis shared his favorite Asian wrestling techniques, fun warm up activities and age appropriate drills. Instruction was also provided by Lou Demas, local youth wrestling coach and members of the 2010-2011 Ohio State University Wrestling Team. Guest speaker was Brian Rolle, 2010 - 2011 OSU Football Captain linebacker. Brian delivered a special message on avoiding trouble by surrounding yourself with good people. He also stressed the importance of staying in school, academics and living drug and tobacco free. Afterwards each wrestler was given a photo of Brian and he graciously signed each photo and other personal items like shoes and t-shirts the kids provided. The most popular activity of the day was the takedown tournament. All wrestlers were placed in groups and given an opportunity to put their skills to the test. Fourteen Champions were crowned and each received an attractive medal.

The Beat the Streets-Columbus wrestling program continues to grow with the help of USA Wrestling and from the exposure the Beat the Streets' programs from other major cities are getting from the National media. Columbus hopes to keep pace as it works together with the Columbus City Schools, the Ohio Regional Training center and the Ohio State University.